

Contraindications

Although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for microdermabrasion treatment and must be disclosed prior to treatment.

Active infection of any type, such as Herpes simplex virus or flat warts.
Active acne
Sunburn
Recent use of topical agents such as glycolic acids, alphahydroxy acids and Retin-A
Any recent chemical peel procedure
Uncontrolled diabetes
Eczema, dermatitis
Skin cancer
Vascular lesions
Oral blood thinner medications
Rosacea
Tattoos (not effective)
Pregnancy
Use of Acutane within the last year
Family history of hypertrophic scarring or keloid formation
Telangiectasia/erythema may be worsened or brought out by skin exfoliation

Post-Treatment/Home Care

Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided.

Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with an SPF of 30 or greater. Although sunscreen should be a part of your daily skin care, for a minimum of two weeks, a sunscreen with at least a SPF of 15 must be applied.

Cleanse your face with water or a mild soap substitute such as _____. Twice daily followed by a mild sunscreen such as _____ (minimum SPF 30). If a site other than the face is treated, you only need to cleanse once daily, followed by sunscreen.

In the event that you may have additional questions or concerns regarding your treatment or suggested home product / post-treatment care, you must consult your therapist immediately.